# 64 Gene Keys distilled by MandalaMatrix

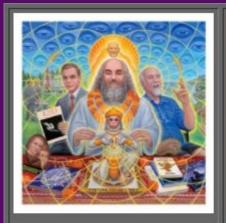
With a heartfelt thanks to Richard Rudd, the creator of the Gene Keys.



## Shadow - ENTROPY - I am deeply depressed and out of sync -

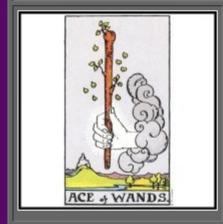
Gift - FRESHNESS
- I am burning with inner creative fire -

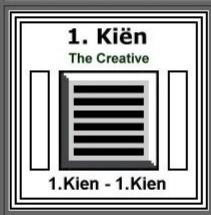
Siddhi - BEAUTY
- I bathe in the eternal field of syntropy -















Beauty
Freshness
Entropy



Shadow - DISLOCATION
- I live in fear, disassociated from life -

Gift - ORIENTATION
- I am letting go into the feminine power -

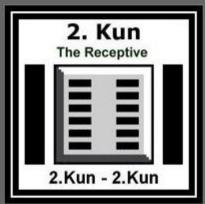
Siddhi - UNITY
- I live in unity with all creation -

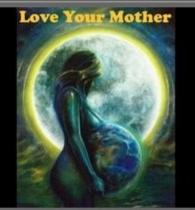














Unity
Orientation
Dislocation



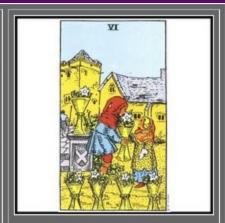
Shadow - CHAOS
- I am only interested in my own survival -

Gift - INNOVATION
- I am thinking for myself with optimism -

Siddhi - INNOCENCE - No work - just play -

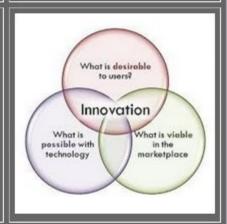














Innocence
Innovation
Chaos



Shadow - INTOLERANCE - My opinion is the only truth -

Gift - UNDERSTANDING
- I play with the patterns of existence -

Siddhi - FORGIVENESS - I release all karmic debts -

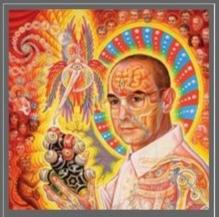
Forgive Others,
Not Because They
Deserve Forgiveness,
But Because You
Deserve Peace.













Forgiveness
Understanding
Intolerance



Shadow - IMPATIENCE
- I am pessimistic about my life -

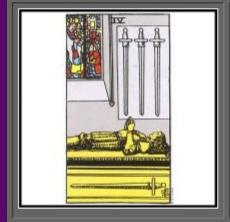
Gift - PATIENCE
- I turn on the higher code of my DNA -

Siddhi - TIMELESSNESS
- I transcend even the highest codes -











Stay patient and trust your journey.



Timelessness
Patience
Impatience

The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty.

Shadow - CONFLICT
- I am addicted to conflict, defending myself -

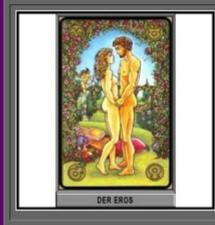
Gift - DIPLOMACY
- I am tactfully dropping my defences -

Siddhi - PEACE
- My body dissolves and I become empty -



















Shadow - DIVISION
- I am giving others authority over me -

Gift - GUIDANCE
- I am the kind of leader that I would follow -

Siddhi - VIRTUE - We are the virtuous, visionary leader -















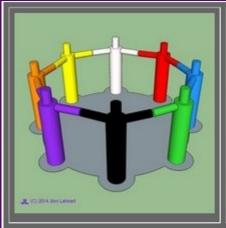




Shadow - MEDIOCRITY
- I live safely in a grey world -

Gift - STYLE
- I am not afraid of trying new things -

Siddhi - EXQUISITENESS
- Completely at rest, I let go of all history -



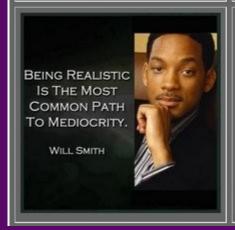




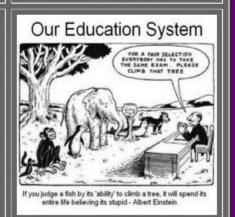
LIFE IS ALL ABOUT TAKING RISKS.
IF YOU NEVER TAKE A RISK,
YOU WILL NEVER ACHIEVE YOUR DREAMS.











Shadow - INERTIA
- I am completely bored with my trivial life -

Gift - DETERMINATION
- I am calmly following my life's purpose -

Siddhi - INVINCIBILITY
- I am loosing all artificial boundaries -















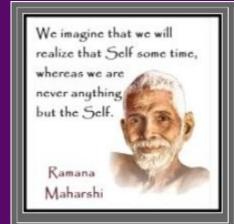




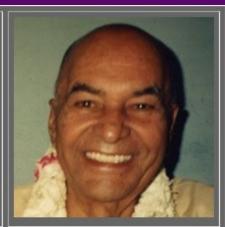
Shadow - SELF-OBSESSION
- I don't have time for anybody but myself. -

Gift - NATURALNESS - Who am I? Why am I here? -

Siddhi - BEING - I rest in the divine laziness of being -















Being
Naturalness
SelfObsession



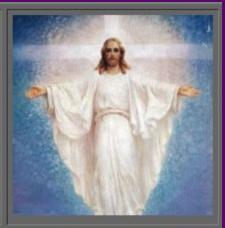
## Shadow - OBSCURITY - I am lost in unmanifested dreams -

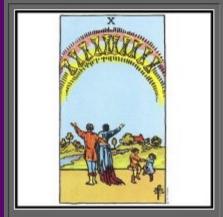
Gift - IDEALISM - I know what my ideals and dreams are -

Siddhi - LIGHT
- I am enveloped in cosmic light -



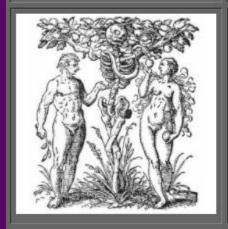












Light
Idealism
Obscurity



Shadow - VANITY
- I am afraid to loose my unique power -

Gift - DISCRIMINATION
- I am entering unafraid into the drama of life -

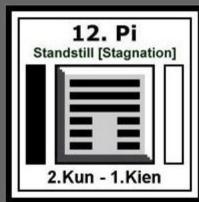
Siddhi - PURITY
- I am falling in love with the beloved -

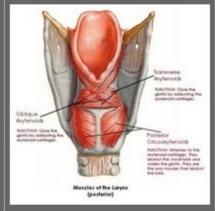


















#### Shadow - DISCORD

- I disagree with you no matter what you say -

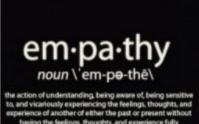
#### Gift - DISCERNMENT

- I view live with optimism at a mythic level -

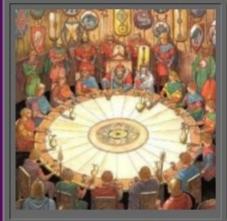
## Siddhi - EMPATHY

- I am listening through the cosmic mother -



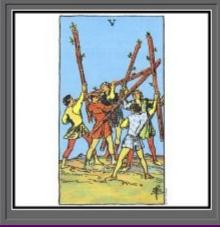












**Empathy** 

Discernment

**Discord** 

Dear Past, thank you for all the lessons.

Dear Future, I am ready.

### Shadow - COMPROMISE

- I lack the capacity to reach my dreams -

#### Gift - COMPETENCE

- I am enthusiastic about what I am doing -

#### Siddhi - BOUNTEOUSNESS

- I am abundant, uniting heaven and earth -



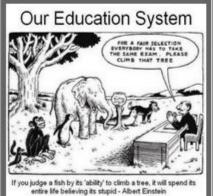
















## Shadow - DULLNESS - My spirit feels low. Life is meaningless -

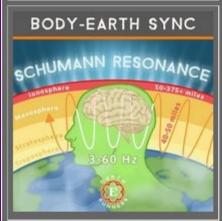
Gift - MAGNETISM - I experience the expansion of my aura -

Siddhi - FLORESCENCE - My search has come to an end -





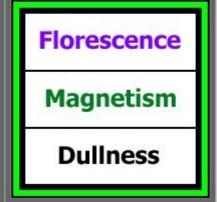










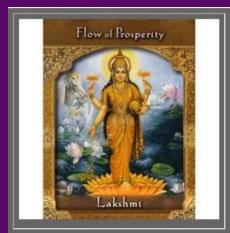




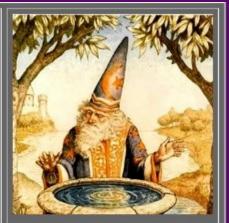
## Shadow - INDIFFERENCE - I am not sufficiently qualified yet -

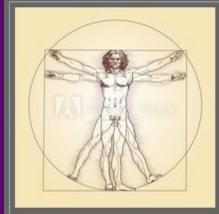
Gift - VERSATILITY
- I can tune into any gift I want and use it -

Siddhi - MASTERY
- I have become an empty vessel for life -



















Shadow - OPINION
- I have the only correct opinion -

Gift - FAR-SIGHTEDNESS
- I am seeing things from the heart -

Siddhi - OMNISCIENCE - I am the single eye of consciousness -



**Sightedness** 

**Opinion** 

## Shadow - JUDGEMENT - I am not good enough -

Gift - INTEGRITY
- I know your name, "Rumpelstilzken" -

Siddhi - PERFECTION
- I am a perfect expression of divinity -



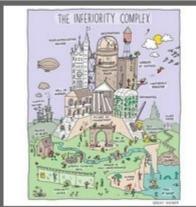








Integrity
is choosing your
thoughts and actions
based on values rather
than personal gain



Perfection
Integrity
Judgement



#### Shadow - CO-DEPENDENCE

- I don't have the courage to stand alone -

#### Gift - SENSITIVITY

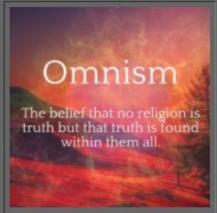
- I sense the emotional patterns of others -

## Siddhi - SACRIFICE - I am interdependently linked to all -















It's such a
powerful feeling
when you
finally realize
you don't need
anyone else
but yourself to
survive.

Sacrifice
Sensitivity
CoDependance



Shadow - SUPERFICIALITY
- I busily live on the fringe of live -

Gift - SELF ASSURANCE
- I surrender to life at every moment -

Siddhi - PRESENCE
- I rest in the majesty of the presence -















Presence
SelfAssurance
Superficiality



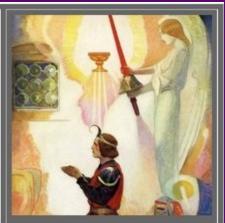
Shadow - CONTROL
- I am controlling and defending my territory -

Gift - AUTHORITY
- I am balancing authority and submission -

Siddhi - VALOUR
- I am led by the spirit of true nobility -



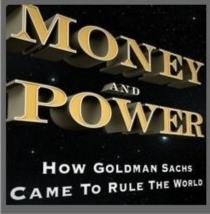












Valour
Authority
Control



## Shadow - DISHONOUR - I dishonour myself by belittling myself -

Gift - GRACIOUSNESS
- I am grateful for a cocktail of noble qualities -

Siddhi - GRACE - All is well -



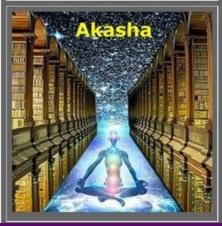












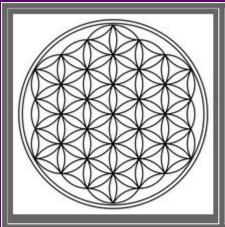
Grace
Graciousness
Dishonor

I dishonor myself by perceiving myself other than the magnificient being that I am.

## Shadow - COMPLEXITY - I am speaking to gain approval -

Gift - SIMPLICITY
- I realize that things are simple and easy -

Siddhi - QUINTESSENCE
- I have distilled the fifth element -

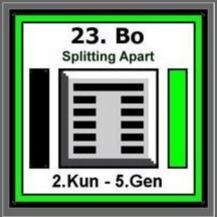




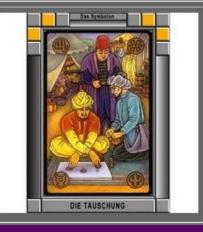


SIMPLICITY IS THE ULTIMATE SOPHISTICATION.

-LEONARDO DA VINCI











## Shadow - ADDICTION - I am addicted to my suffering -

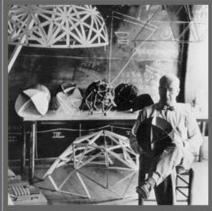
Gift - INVENTION
- I cherish the gaps between my thoughts -

Siddhi - SILENCE
- I rest in the silence of pure awareness -

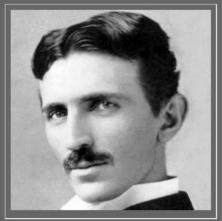


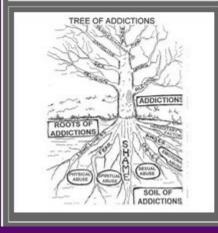
















Shadow - CONSTRICTION
- I am not able to look at my own pain -

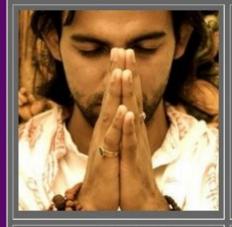
Gift - ACCEPTANCE
- I have the courage to simply feel the fear -

Siddhi - UNIVERSAL LOVE
- I take on the suffering of humanity -



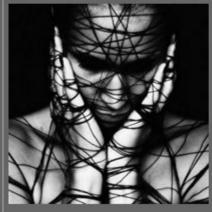












Universal Love Acceptance Constriction



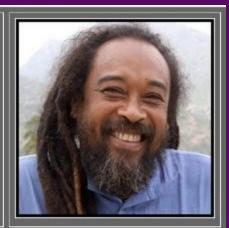
Shadow - PRIDE
- I have to go out and grab what I want -

Gift - ARTFULNESS
- I am listening to my loving intention -

Siddhi - INVISIBILITY
- I surrender to the cosmic game of life -



















Shadow - SELFISHNESS
- I give to receive something for myself -

Gift - ALTRUISM
- I am generously giving without expectation -

Siddhi - SELFLESSNESS - I live my life in philanthropy -



















## Shadow - PURPOSELESSNESS - My life has no purpose, lived in fear -

Gift - TOTALITY
- I embrace all my demons and angels -

Siddhi - IMMORTALITY
- I give myself to the everlasting moment -



















Shadow - HALF-HEARTEDNESS
- I am a victim of fate, living in fear -

Gift - COMMITMENT
- I am committed to my inner guidance -

Siddhi - DEVOTION
- I surrender my identity to the one I love -















Devotion

Commitment

HalfHeartedness



### Shadow - DESIRE

- I am hungry for any kind of experience -

#### **Gift - LIGHTNESS**

- I let go of desire, beyond needing help -

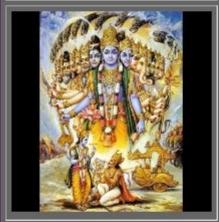
### Siddhi - RAPTURE

- I willingly step into the fires of annihilation -



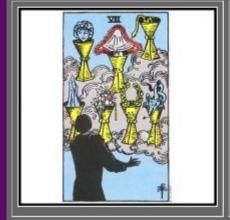












Rapture
Lightness
Desire



## Shadow - ARROGANCE - I control others through the use of words -

Gift - LEADERSHIP
- I help others to break out of their bonds. -

Siddhi - HUMILITY - I cannot ever do anything wrong. -















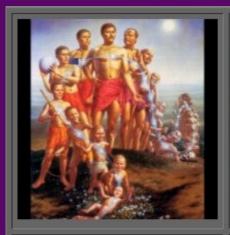
Humility
Leadership
Arrogance



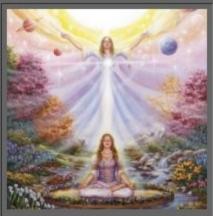
Shadow - FAILURE
- I am going to loose all my money and die -

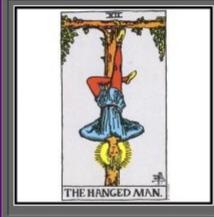
Gift - PRESERVATION
- I know how to connect and prosper -

Siddhi - VENERATION
- I know my place within my lineage -















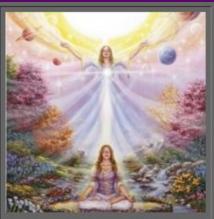
Veneration
Preservation
Failure

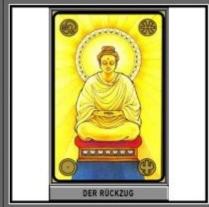


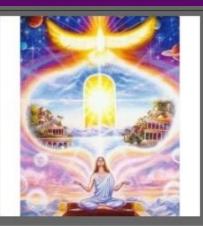
## Shadow - FORGETTING - I am locked into eternal suffering -

Gift - MINDFULNESS
- I see the patterns that cause my suffering -

Siddhi - REVELATION
- I am falling in love with my own story -







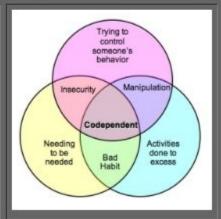












Shadow - FORCE - I have to force the flow of life -

Gift - STRENGTH - I am the true hero of my life story -

Siddhi - MAJESTY
- I express the divine essence of creation -

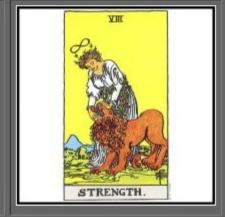


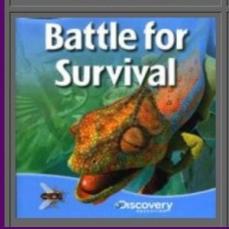




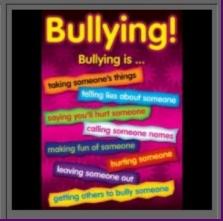










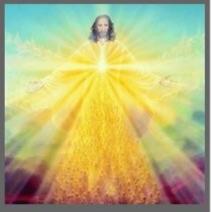


Shadow - HUNGER
- I am possessed by the urge to fill myself -

Gift - ADVENTURE
- I live unconditionally with an open heart -

Siddhi - BOUNDLESSNESS
- I am infinite, with no beginning and no end -















Boundlessness Adventure Hunger



# Shadow - TURBULENCE - I live through the turmoil of my emotions -

Gift - HUMANITY
- I am living with an open heart for all -

Siddhi - COMPASSION
- My suffering encompasses all humanity -

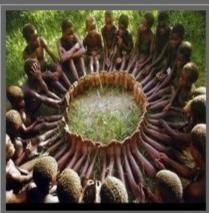


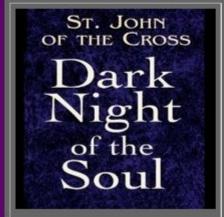














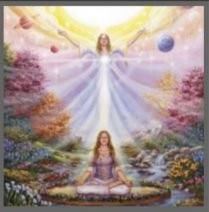


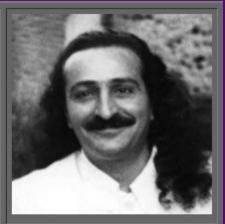
# Shadow - WEAKNESS - I don't feel appreciated and supported -

Gift - EQUALITY
- The more I give, the more I receive -

Siddhi - TENDERNESS - Family is the collective aura of tenderness -



















Shadow - STRUGGLE
- I am struggling to find a purpose in life -

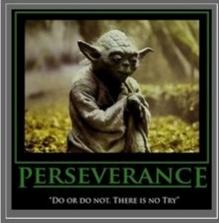
Gift - PERSEVERANCE
- I love obstacles to increase my strength -

Siddhi - HONOUR
- I am living my individual truth for all -



















# Shadow - PROVOCATION - I know how to push someone's buttons -

Gift - DYNAMISM
- I feel the raw energy of childlike creativity -

Siddhi - LIBERATION
- I am leaving behind all sense of individuality -



















#### Shadow - EXHAUSTION

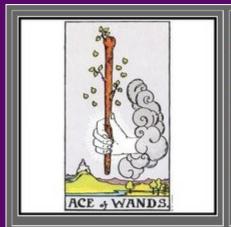
- I let my energy being misused by another -

#### Gift - RESOLVE

- I set personal boundaries around my energy -

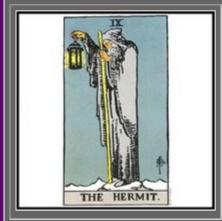
#### Siddhi - DIVINE WILL

- I am deeply relaxed in splendid aloneness -















Divine Will

Resolve

Exhaustion

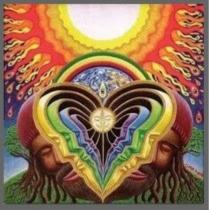


Shadow - FANTASY
- I am always hungry for a better future -

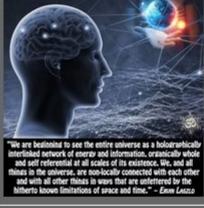
Gift - ANTICIPATION - I download the morphogenetic field -

Siddhi - EMANATION
- I am swallowed by the black whole -















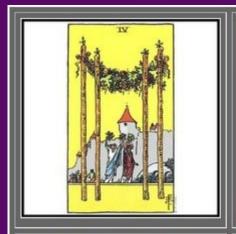
Emanation
Anticipation
Fantasy



# Shadow - EXPECTATION - I am expecting that life is going my way -

Gift - DETACHMENT - I even enjoy experiencing disappointment -

Siddhi - CELEBRATION
- I laugh at the the joke of all creation -















Celebration

Detachment

Expectation



### Shadow - DEAFNESS

- I am a mighty worrier, deaf to my fears -

#### Gift - INSIGHT

- I am a rebel, listening to my inner voice -

#### Siddhi - EPIPHANY

- I know that I know absolutely nothing -







"CREATIVITY
IS THE
GREATEST
REBELLION
IN EXISTENCE."







Epiphany
Insight
Deafness

99% of things you worry about never happen.

# Shadow - INTERFERENCE - I distrust all relationships -

Gift - TEAMWORK
- I can pick up the scent of a true ally -

Siddhi - SYNARCHY
- I see the entire tapestry of interaction -



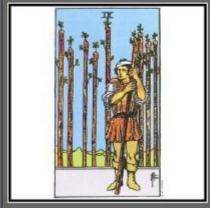












Synarchy
Teamwork
Interference



Shadow - DOMINANCE
- I do not want to rock the hierarchy boat. -

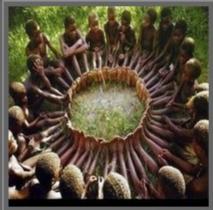
Gift - SYNERGY
- I take a leap of faith into Heterachy. -

Siddhi - COMMUNION - We are each others food. -

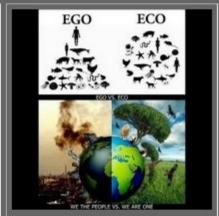


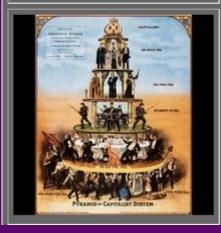
















# Shadow - SERIOUSNESS - Life is serious business. No joke! -

Gift - DELIGHT
- I am at the the right place at the right time -

Siddhi - ECSTASY - My orgasmic mind is at complete rest -







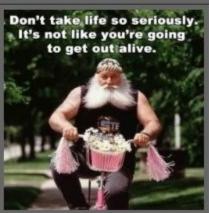








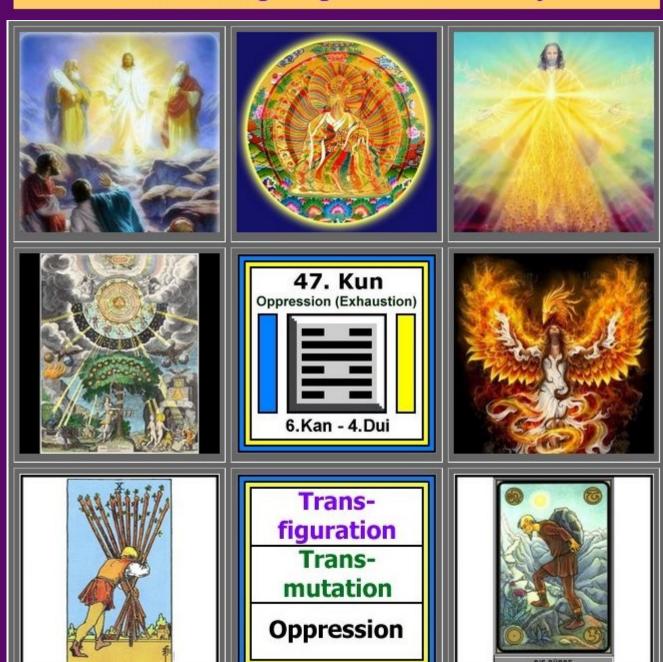




Shadow - OPPRESSION
- I am terrified by my route to higher realms -

Gift - TRANSMUTATION
- I am constantly surpassing all definitions -

Siddhi - TRANSFIGURATION
- I am attaining the golden rainbow body -



# Shadow - INADEQUACY - I am nobody -

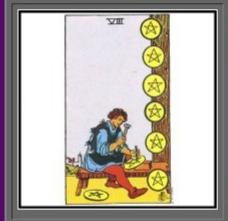
Gift - RESOURCEFULNESS
- I have deep trust in Life. I am abundant -

Siddhi - WISDOM - I am secure in being insecure -



















Shadow - REACTION
- In order to survive it is OK to kill another -

Gift - REVOLUTION
- I am free of old emotional prejudices -

Siddhi - REBIRTH
- I experience the rebirth of the phoenix -













STAY LOW, GO FAST, KILL FIRST, DIE LAST, ONE SHOT, ONE KILL, NO LUCK, ALL SKILL

Rebirth
Revolution
Reaction

WE FEAR
REJECTION,
WANT
ATTENTION,
CRAVE
AFFECTION AND
DREAM OF
PERFECTION.

### Shadow - CORRUPTION

- I need to compete for the top position -

### Gift - EQUILIBRIUM

- I trust in the self organising intelligence -

#### Siddhi - HARMONY

- I experience myself in cosmic harmony -



















# Shadow - AGITATION - I only work for my own advancement -

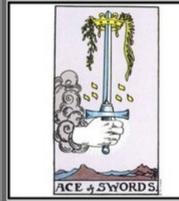
Gift - INITIATIVE
- I have the courage to follow my creativity -

Siddhi - AWAKENING
- I am in my natural state of being awake -















Awakening
Initiative
Agitation



## Shadow - STRESS

- All I hear is noise and all I see is chaos -

#### Gift - RESTRAINT

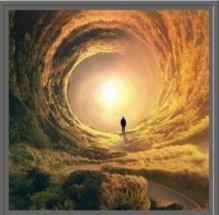
- I patiently watch myself grow like a seed -

### Siddhi - STILLNESS

- I sit in stillness at the heart of all creation -



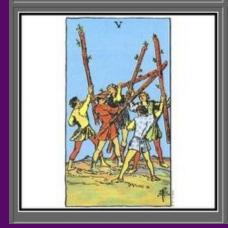












**Stillness** 

Restraint

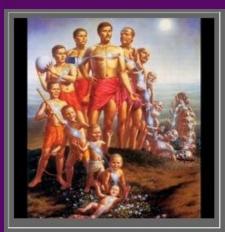
**Stress** 



Shadow - IMMATURITY
- I am afraid to really go for what I want -

Gift - EXPANSION
- My endeavours outgrow their own forms -

Siddhi - SUPERABUNDANCE - I am pure consciousness -















Superabundance Expansion Immaturity



Shadow - GREED
- I have to push to the top to be filthy rich -

Gift - ASPIRATION
- I work in unison with others to benefit all -

Siddhi - ASCENSION
- I transmute matter into spiritual essence -

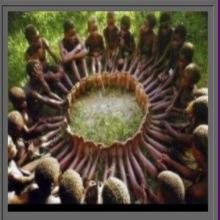






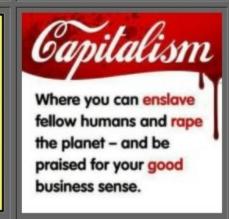








Ascension
Aspiration
Greed

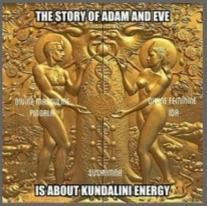


# Shadow - VICTIMISATION - I need intense drama to feel alive -

Gift - FREEDOM
- Like a dragonfly I rise above emotions -

Siddhi - FREEDOM
- I am experiencing the collective orgasm -















Freedom
Freedom
Victimisation



Shadow - DISTRACTION
- I escape into in my own fantasy world -

Gift - ENRICHMENT
- I have learned the art of self discipline -

Siddhi - INTOXICATION
- I am addicted to the highest form of love -















Intoxication
Enrichment
Distraction



Shadow - UNEASE
- I am afraid of the future -

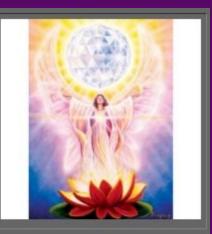
Gift - INTUITION

- I have trust in the power of my intuition -

Siddhi - CLARITY
- I transcend time through gentle softness -



















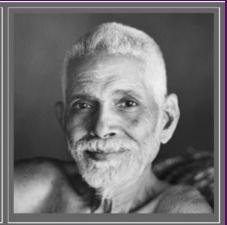
# Shadow - DISSATISFACTION - I am trying to find happiness out there -

Gift - VITALITY
- I am feeling the joy of self awareness -

Siddhi - BLISS
- My awareness stretches into infinity -



















# Shadow - DISHONESTY - I distrust others and fear relationships -

Gift - INTIMACY

- My ego is dissolved in union with another -

### Siddhi - TRANSPARENCY

- I am transcending the agenda of evolution -



















Shadow - LIMITATION - I feel safe through rigid structure -

Gift - REALISM
- I am structuring led by common sense -

Siddhi - JUSTICE
- I trust in the magic of divine justice -











Common sense is a flower that doesn't grow in everyone's garden.







### Shadow - PSYCHOSIS

- I am insecure, unfulfilled and restless. -

### Gift - INSPIRATION

- I express inner truth through my creation -

#### Siddhi - SANCTITY

- I am silent in mystery, knowing nothing -















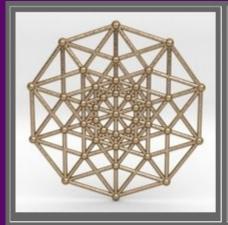




Shadow - INTELLECT - I am obsessed with scientific facts -

Gift - PRECISION
- I access the universal language of light -

Siddhi - IMPECCABILITY
- I am intelligent beyond reproach -





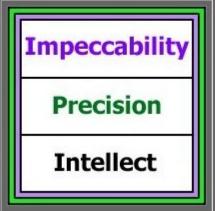


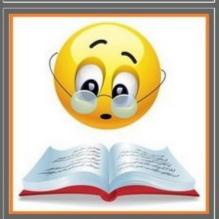












Shadow - DOUBT - I am suspicious, full of self-doubt -

Gift - INQUIRY
- Through inquiry I unlock natures secrets -

Siddhi - TRUTH
- Truth is the eternal moment of the universe -





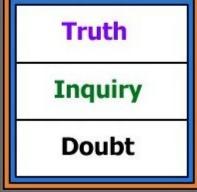














# Shadow - CONFUSION - I live in a state of permanent confusion -

Gift - IMAGINATION
- I allow alchemy to occur inside my being -

Siddhi - ILLUMINATION - I think God's thoughts -















Illumination
Imagination
Confusion



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64 Gene Keys as PDF

#### 64 KEYS

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